



NYS Senator Jack M. Martins

In Partnership with:



invite you to attend the

STOP THE BLEED

Training Program



Thursday, May 30th
6:00pm

Syosset Public Library
225 S Oyster Bay Road, Syosset, NY 11791

RSVP TO (516) 922-1811 OR SALGADO@NYSENATE.GOV

WHAT YOU'LL LEARN:

Three quick techniques to help save a life before someone bleeds out:

1. How to use your hands to apply pressure to a wound;
2. How to pack a wound to control bleeding;
3. How to correctly apply a tourniquet.

These three techniques will empower you to assist in an emergency and potentially save a life.

